

## What is the Adaptive Program all about?

*The goal of the Program is to prepare most students for Job Placements and/or Volunteer Opportunities*



## Who is eligible?

Adults 21 or older with developmental disabilities who are:

- Able to demonstrate a high level of independence
- Able to spend lunch and break times without supervision
- Able to set and work toward specific goals
- Able to attend classes four days per week
- Willing to work or volunteer in the community
- Able to follow routines and directions
- Able to work in a variety of environments, with different people
- Have the support of family and caregivers in finding employment or volunteer positions

## What will you learn?

Students learn both the targeted and transferable skills needed to prepare for employment. Transferable skills are those that will help them in any job, such as:

- Gaining self-confidence, problem solving and self-management
- Understanding workplace culture and expectations
- Knowing labour laws and rights
- Working as part of a team and working alone
- Using strategies for handling conflict and stress
- Prioritizing and organizing tasks

Targeted skills are specific to various workplace environments: food services, office and library settings, plant care/maintenance settings, and community contract work.

## Preparation for Food Services Settings

- Gain hands-on experience through helping to run a coffee shop
- Learn specific skills such as reading recipes and instructions, serving customers, cleaning and handling food following public health regulations, and maintaining inventory

## Preparation for Office and Library Settings

- Prepare to enter a variety of office, and library settings
- Gain hands-on experience through maintaining a resource room
- Learn specific skills such as laminating, binding, shredding and photocopying as well as how to categorize, repair and organize books and other resources

## ADAPTIVE LEARNING PROGRAM

### Preparation for Plant Care and Maintenance Settings

- Prepare to enter a variety of settings to assist with plant care and basic indoor/outdoor maintenance
- Gain hands-on experience through working in a recycling program
- Learn specific skills such as tracking plant care, preparing seedlings for planting, selling, and general cleaning

#### Program hours:

Monday to Thursday  
8:00am to 12:00 noon  
or 9:00 am to 3:10 pm  
September to June  
(in line with school calendar)

#### Location:

Albert Street Education Centre  
440 Albert Street  
Ottawa, ON K1R 5B5

#### More Information:

Call (613)239-5951

## ADAPTIVE LEARNING PROGRAM

### Registration and Assessment

- Call (613) 239-5951 to make an appointment
- Each student will be assessed according to Ministry of Training, Colleges and University criteria to determine eligibility
- Call in March for September intake
- Bring your latest report card, evaluation and Individual Education Plan



(Funded by the Ministry of Training,  
Colleges and Universities.)

**EMPLOYMENT  
ONTARIO**

## LITERACY AND BASIC SKILLS

# ADAPTIVE LEARNING PROGRAM

*A program for  
Adults with a  
Developmental  
Disability*



OTTAWA-CARLETON  
DISTRICT SCHOOL BOARD